



Funded in part by the
Government of Canada's
New Horizons for Seniors Program

Canada

PIANO FAVOURITES

with Lorne Jackson

Fridays from 10:00 am – 11:00 am, September 23 to December 30

Lorne plays all the old fashioned music you love and remember. This multi-talented musician plays an eclectic mix of gospel, country, rock, blues, folk, traditional, holiday music, and so much more. Lorne can play it all!

There's no denying the power of music. It can make us smile or cry. It inspires us to dance and move. It connects us and is the soundtrack to many important moments in our lives.

For aging adults who have age-related memory issues—such as Alzheimer's disease, dementia or Parkinson's disease; music has the power to actually bring back memories, slow age-related cognitive decline and improve cognitive processing speed.

This free program is open to anyone in Saskatchewan age 55 and over. Join from your own home - on your phone in a conference call format.



SENIORS' CENTRE WITHOUT WALLS SASKATCHEWAN

To register for this program,
phone 306-631-4357 or email swwsask@gmail.com