

December

**SENIORS WITHOUT WALLS
PHONE THE CLASS TO TOLL FREE**

2021

855. 204 - 8148

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10 AM Hanukkah 1:30 Card Bingo Bring a deck of cards	2 1:30 Butter Churning with Assiniboia Museum	3 10 am Piano 1:30 Across The Miles 2:30 Transcending Trauma	4
5	6 10 AM Heidi's Farm Report 1:30 - 2 pm Seated Yoga	7 10 am Trivia with Donna 1:30 Anti-Poverty	8 1:30 pm Estranged Family and Friends Part One	9 Part Two 10:30 am Estranged 1:30 Barn Pictures Assiniboia Museum	10 10 am Lorne Jackson 1:30 Gppd News Stories	11
12	13 1:30 - 2 pm Seated Yoga	14 10:00 Karla WDM Holiday Traditions 1:30 Embracing 80s	15 1:30 pm Embracing your To Do List	16 10 Am Art with Christy	17 10 am Piano 1:30 Open Mic	18
19	20 1:30 - 2 pm Seated Yoga	21 No Class	22 1:30 You Be The Judge	23 10 am Art With Christy 1:30 Christmas Concerts Assiniboia Museum	24 10 am Lorne Jackson Piano 1:30 Holiday Memories and Stories	25 MERRY CHRISTMAS TO YOU ALL
26	27 1:30 - 2 pm Seated Yoga	28 No Class	29 1:30 Fact or Fiction	30 10 Am Living With Intention Della Ferguson	31 10am Piano 1:30 Embracing the New Year	

